

30 km

20 mi

Isle of Anglesey

Conwy

Flintshire

Denbighshire

Wrexham

Gwynedd

Powys

Ceredigion

Pembrokeshire

Carmarthenshire

Rhondda
Cynon Taf

Merthyr
Tydfil

Blaenau
Gwent

Monmouthshire

Torfaen

Neath
Port
Talbot

Swansea

Caerphilly

Newport

Cardiff

Bridgend

The Vale of
Glamorgan

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○→□ Mercator